

# HORSFORTH 10K

Supported by



Nuffield Hospital  
Leeds

This year raising funds for our  
nominated charity



The official charity of



## SUNDAY 28TH SEPTEMBER 2008

STARTING AT 10.00 am from Woodhouse Grove School, Apperley Bridge, Bradford.

Run on road and canal towpath.

Category prizes. UKA Permit 10178. Minimum age 16 years. Race Limit 600.

**A quality T-shirt to all finishers**

**ENTRY FEES:** £7.00 (£9.00 unattached) and £1.00 extra on the day

All entries to: Race Secretary, 23 Cowley Road, Rodley, Leeds LS13 1JT

Enquiries to [justin.balfour@ntlworld.com](mailto:justin.balfour@ntlworld.com) Online entry at [www.runnersworld.co.uk/horsforth10k](http://www.runnersworld.co.uk/horsforth10k)

Download an entry form from [www.horsforthharriers.co.uk](http://www.horsforthharriers.co.uk)

Please send completed form together with cheque/postal order made payable  
to **Horsforth Harriers** with a stamped self addressed 9" x 6" envelope

**CLOSING DATE for postal entries: 19th September 2008**



(Please tick appropriate box)

FIRST NAME .....

SURNAME .....

ADDRESS .....

POSTCODE .....

D.O.B. .... SEX: Male / Female

NoEAA REG No. ....

CLUB .....

DONATION TO CASH FOR KIDS .....

RACE ENTRY FEE ENCLOSED .....

**TOTAL AMOUNT ENC** .....

Male		Female	
Open	<input type="checkbox"/>	Open	<input type="checkbox"/>
Vet 35	<input type="checkbox"/>	Vet 35	<input type="checkbox"/>
Vet 40	<input type="checkbox"/>	Vet 40	<input type="checkbox"/>
Vet 45	<input type="checkbox"/>	Vet 45	<input type="checkbox"/>
Vet 50	<input type="checkbox"/>	Vet 50	<input type="checkbox"/>
Vet 55	<input type="checkbox"/>	Vet 55	<input type="checkbox"/>
Vet 60	<input type="checkbox"/>	Vet 60	<input type="checkbox"/>
Vet 65	<input type="checkbox"/>	Vet 65	<input type="checkbox"/>

Prizes dependent on final entry numbers

**Where did you pick up this entry form?**

.....

**E-MAIL** .....

I hereby declare that I am an amateur as defined by UK Athletics rules. I am medically fit to run and understand that the organisers will in no way be held responsible for any injury or illness to my person as a result of the event, or for any loss of property.

Signed: .....

Date: .....